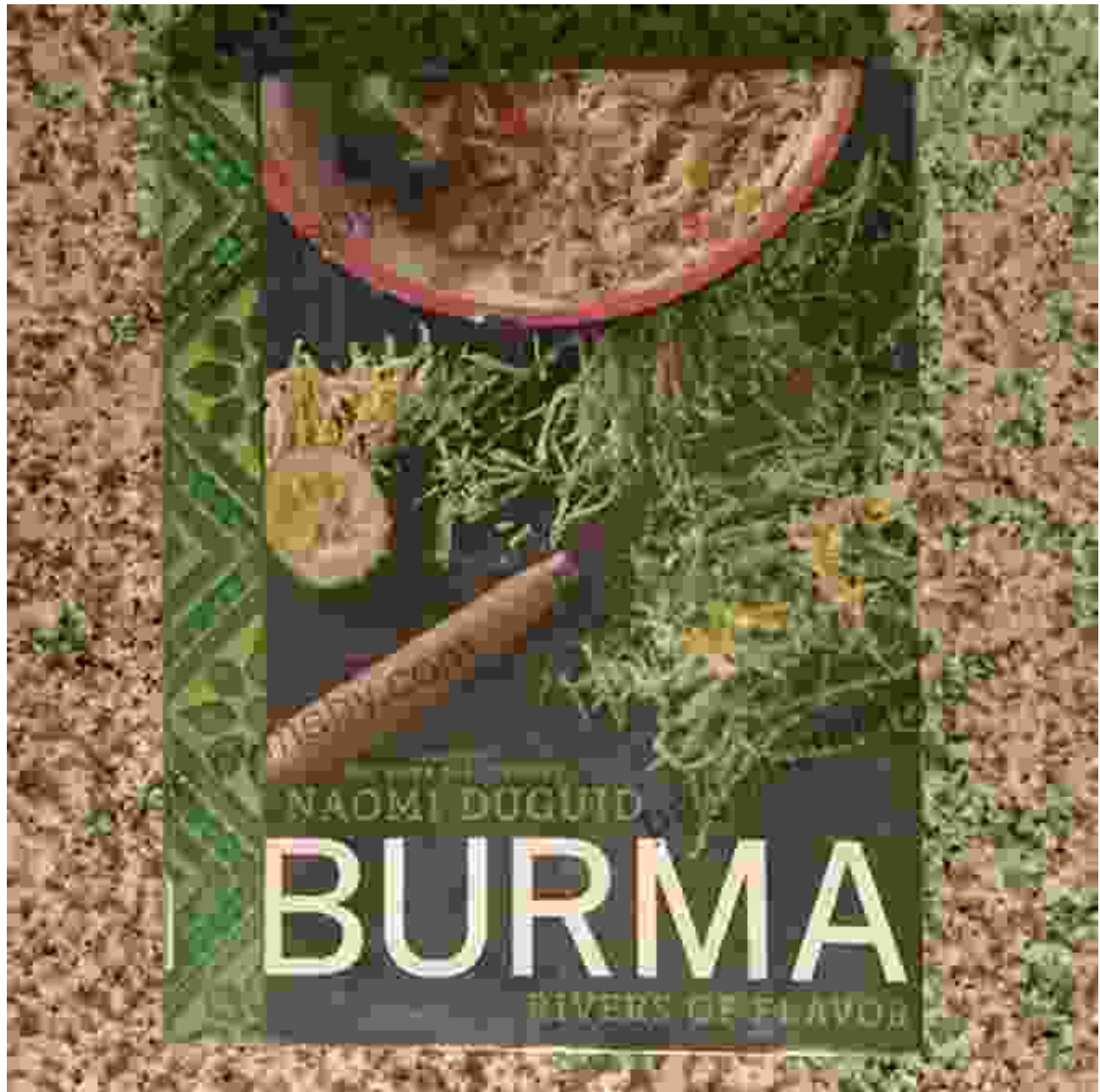


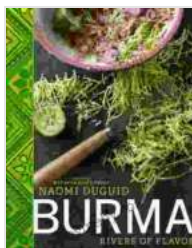
# Burma: Rivers of Flavor by Naomi Duguid: A Culinary Journey Through the Heart of Myanmar



About the Book

Burma: Rivers of Flavor is a cookbook by Naomi Duguid that explores the rich and diverse cuisine of Myanmar. The book features over 100 recipes, from traditional dishes to modern interpretations, and is illustrated with stunning photography.

Duguid, a renowned cookbook author and food writer, traveled extensively throughout Myanmar to research and develop the recipes in this book. She visited local markets, cooked with home cooks, and dined at some of the country's best restaurants. The result is a comprehensive and authentic collection of Burmese dishes that will appeal to both novice and experienced cooks.



### **Burma: Rivers of Flavor** by Naomi Duguid

★ ★ ★ ★ ☆ 4.6 out of 5

Language : English  
File size : 72568 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 385 pages  
Lending : Enabled



### **What's Inside the Book?**

Burma: Rivers of Flavor is divided into seven chapters, each of which focuses on a different aspect of Burmese cuisine.

- **Chapter 1: The Basics** covers the essential ingredients and techniques of Burmese cooking, such as how to make a Burmese

curry paste and how to cook rice perfectly.

- **Chapter 2: Salads and Appetizers** features a variety of refreshing salads and appetizers, such as tea leaf salad, mohinga (fish soup), and samosas.
- **Chapter 3: Curries and Stews** includes recipes for a variety of Burmese curries and stews, such as chicken curry, beef curry, and tofu stew.
- **Chapter 4: Rice and Noodles** features recipes for a variety of Burmese rice and noodle dishes, such as fried rice, noodle soup, and coconut rice.
- **Chapter 5: Vegetables and Sides** includes recipes for a variety of Burmese vegetables and sides, such as stir-fried vegetables, pickled vegetables, and salads.
- **Chapter 6: Desserts** features recipes for a variety of Burmese desserts, such as mango sticky rice, coconut panna cotta, and fried bananas.
- **Chapter 7: Drinks** features recipes for a variety of Burmese drinks, such as tea, coffee, and fruit juices.

## **Why You'll Love This Book**

There are many reasons why you'll love *Burma: Rivers of Flavor*.

- **The recipes are authentic and delicious.** Duguid has spent years researching and developing the recipes in this book, and they are all based on traditional Burmese cooking techniques.

- **The book is beautifully illustrated.** The book is filled with stunning photography that will make you want to cook every dish in the book.
- **The book is well-written and easy to follow.** Duguid is a gifted writer, and her instructions are clear and concise.
- **The book is a great way to learn about Burmese culture.** Food is a central part of Burmese culture, and this book is a great way to learn about the country's history, people, and traditions.

## Free Download Your Copy Today

Burma: Rivers of Flavor is available now from all major bookstores. Free Download your copy today and start exploring the delicious cuisine of Myanmar.

## About the Author

Naomi Duguid is a renowned cookbook author and food writer. She has written over 15 cookbooks, including the award-winning books Burma: Rivers of Flavor and Flatbreads & Flavors. Duguid has also written extensively for magazines and newspapers, including The New York Times, The Washington Post, and Saveur.

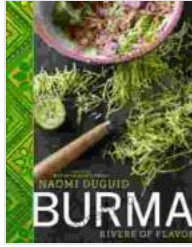
Duguid is a passionate advocate for the preservation of traditional food cultures. She has worked with organizations such as Slow Food International and the American Academy of Chefs to promote the use of local and sustainable ingredients.

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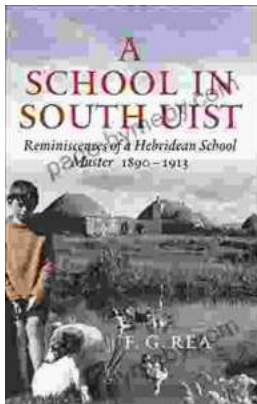
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