

# Calling Dr. Laura: A Graphic Memoir



**Calling Dr. Laura: A Graphic Memoir** by Nicole J. Georges

★★★★☆ 4.4 out of 5

Language : English

File size : 139550 KB

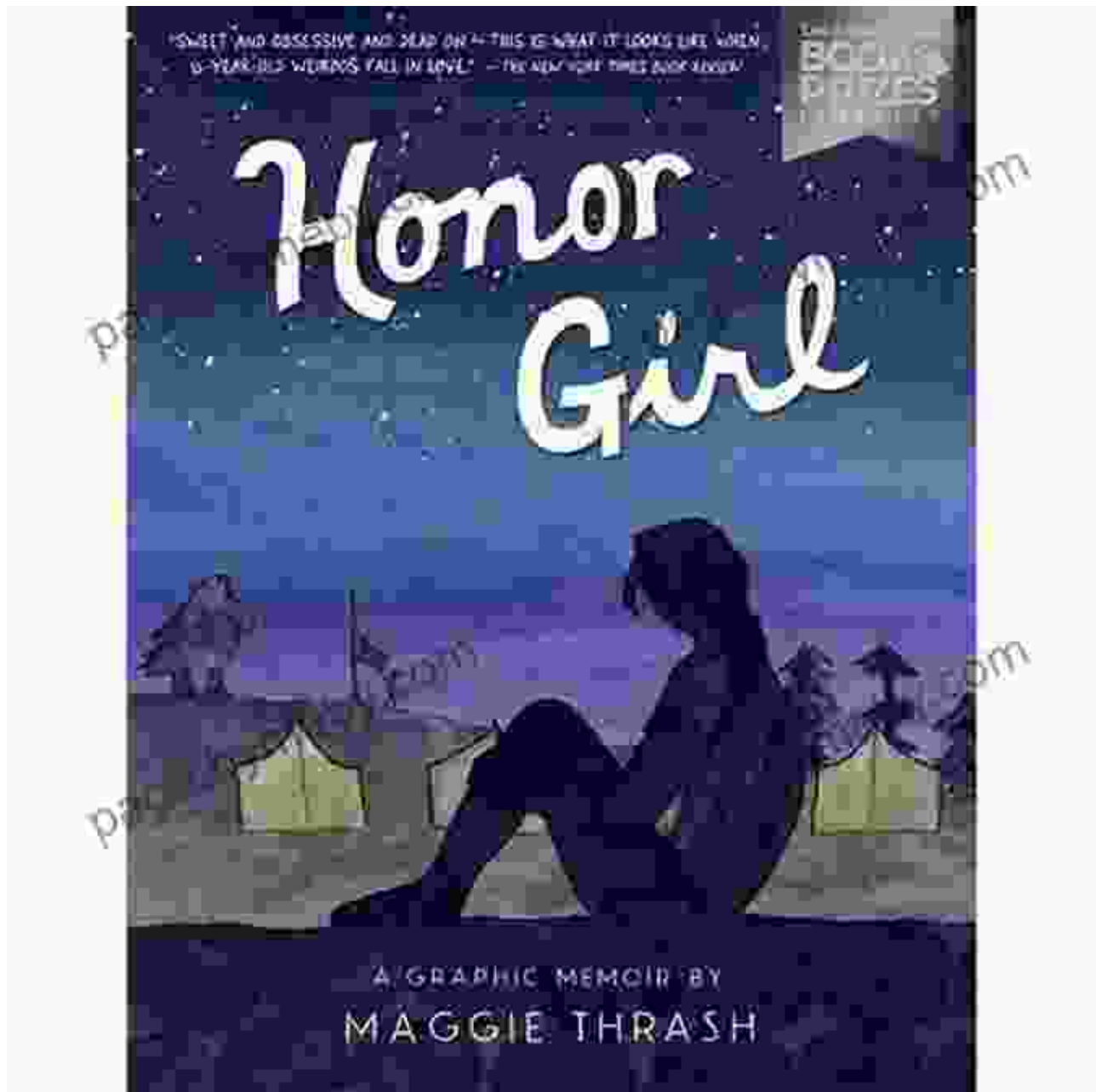
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## **A Journey of Healing and Self-Discovery**

Calling Dr. Laura: A Graphic Memoir is a powerful and inspiring story of one woman's journey of healing and self-discovery. Through stunning illustrations and honest storytelling, the author explores the complexities of trauma, mental illness, and the search for hope and redemption.

The author, Laura, grew up in a dysfunctional family, where she experienced physical and emotional abuse. As a result of her childhood trauma, Laura developed a number of mental illnesses, including depression, anxiety, and post-traumatic stress disorder (PTSD).

For years, Laura struggled to cope with her mental illnesses. She self-medicated with drugs and alcohol, and she engaged in self-destructive behaviors. She was in and out of therapy, but nothing seemed to help.

Finally, Laura hit rock bottom. She was suicidal and had lost all hope. But then, she saw a television show about Dr. Laura Schlessinger, a therapist who helped people overcome their problems.

Laura decided to call Dr. Laura, and it changed her life. Dr. Laura helped Laura to understand her trauma and her mental illnesses. She also helped Laura to develop coping mechanisms and to find hope again.

Calling Dr. Laura: A Graphic Memoir is a story of hope and redemption. It is a story that shows that it is possible to overcome even the most difficult challenges in life. It is a story that will inspire you to never give up on yourself.

## **Reviews**

“Calling Dr. Laura: A Graphic Memoir is a powerful and inspiring story of one woman's journey of healing and self-discovery. Through stunning illustrations and honest storytelling, the author explores the complexities of trauma, mental illness, and the search for hope and redemption.”

**—Publishers Weekly**

“This is a must-read for anyone who has ever struggled with trauma, mental illness, or addiction. Laura's story is a powerful reminder that we are not alone, and that there is hope for healing.”

—National Alliance on Mental Illness (NAMI)

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