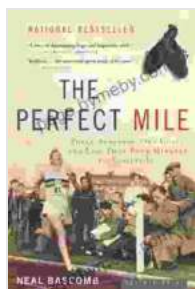


Three Athletes, One Goal, and Less Than Four Minutes to Achieve It: The Epic Story of the 1954 Mile

On May 6, 1954, three of the world's greatest middle-distance runners lined up at the start of the mile run at the British Empire and Commonwealth Games in Vancouver, Canada. The runners were Roger Bannister, John Landy, and Wes Santee. Bannister was the British record holder in the mile, with a time of 3:58.8. Landy was the Australian record holder, with a time of 3:57.9. And Santee was the American record holder, with a time of 3:59.4.

The race was billed as the "Miracle Mile," and it lived up to its billing. Bannister took the lead from the start and held it for the first three laps. But Landy was right on his heels, and with 200 meters to go, he passed Bannister and took the lead. Santee was also closing in, and with 100 meters to go, he was right behind Landy.



The Perfect Mile: Three Athletes, One Goal, and Less Than Four Minutes to Achieve It by Neal Bascomb

★★★★☆ 4.6 out of 5

Language : English
File size : 5629 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 346 pages
X-Ray : Enabled



The three runners sprinted down the final stretch, and Landy crossed the finish line first, in a time of 3:57.9. Bannister was second, in a time of 3:58.8, and Santee was third, in a time of 3:59.4.

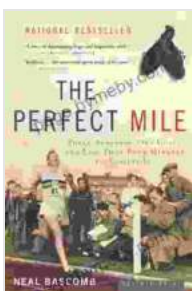
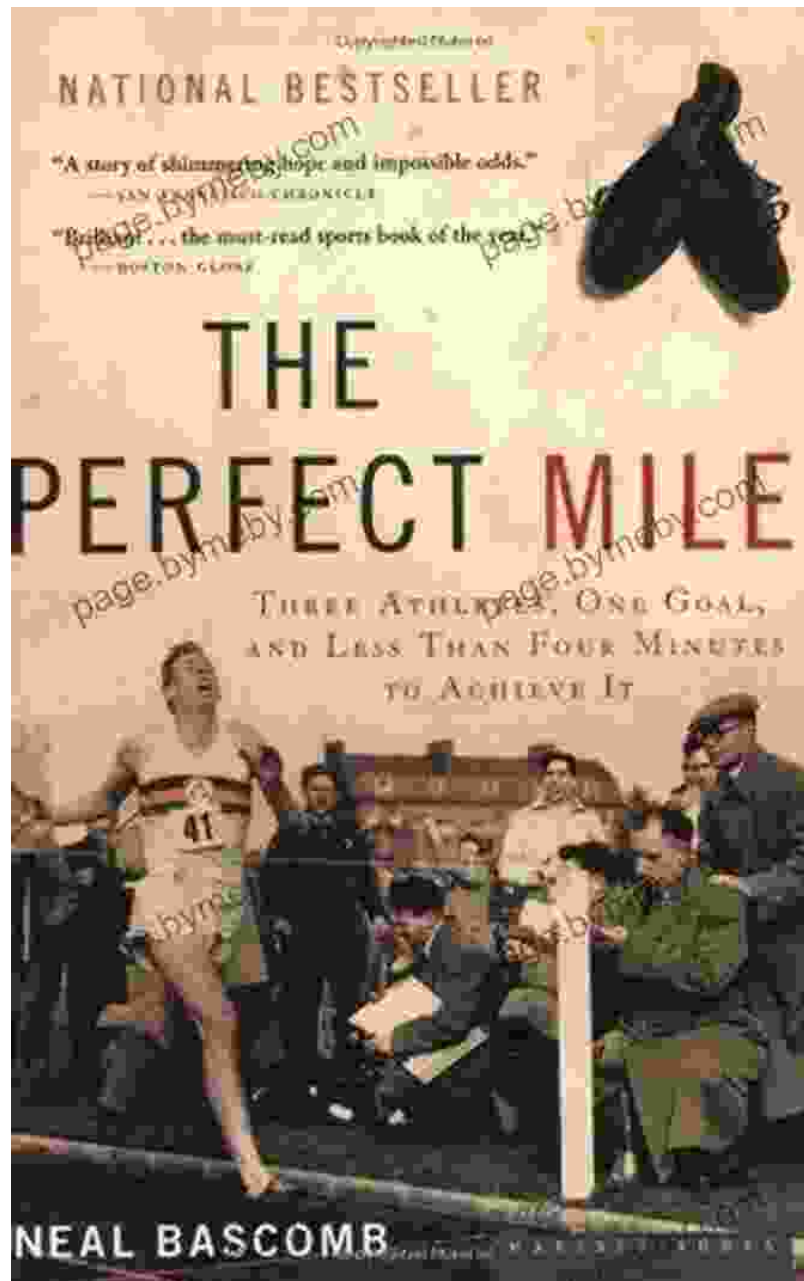
Landy's victory was a major upset, and it made him the first person to run a mile in under four minutes. Bannister's second-place finish was also a major accomplishment, and it made him the second person to run a mile in under four minutes. Santee's third-place finish was also a major accomplishment, and it made him the third person to run a mile in under four minutes.

The "Miracle Mile" was one of the most exciting races in track and field history, and it is still remembered today as one of the greatest races ever run. The three runners who competed in the race are all legends in the sport, and their accomplishments continue to inspire runners today.

Buy the Book

The story of the "Miracle Mile" is told in the book **Three Athletes, One Goal, and Less Than Four Minutes to Achieve It** by Roger Bannister. The book is a fascinating account of the race, and it provides a glimpse into the lives of the three runners who competed in it.

If you are a fan of track and field, or if you are interested in the history of sports, then I highly recommend reading **Three Athletes, One Goal, and Less Than Four Minutes to Achieve It**. It is a great book that will inspire you and make you appreciate the greatness of the human spirit.

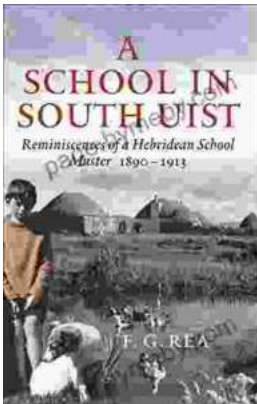


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