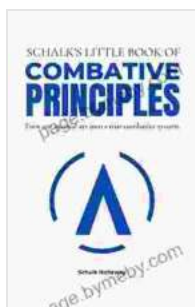


Turn Any Martial Art Into a True Combatives System: Introducing the Schalk Little Series

Empower Yourself with the Ultimate Self-Defense Guide

Are you searching for a comprehensive and practical guide that can elevate your martial art to the next level? Look no further than the acclaimed Schalk Little Series, a groundbreaking set of books that will transform your martial art practice into a formidable tool for real-world self-defense. Written by renowned martial artist and instructor Tony Schalk, this series is the culmination of decades of experience and research in the realm of close-quarters combat.



Schalk's Little Book of Combative Principles: Turn any martial art into a true combatives system. (Schalk's Little Book Series) by Schalk Holloway

★★★★☆ 4.5 out of 5

Language : English
File size : 356 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 65 pages
Lending : Enabled



Whether you're a seasoned martial artist seeking to enhance your skills or a beginner eager to gain a comprehensive understanding of self-defense, the Schalk Little Series has something to offer you. Get ready to delve into

an in-depth exploration of the principles, techniques, and tactics that will empower you to defend yourself effectively in any situation.

Unlock the Secrets of Close-Quarters Combat

The Schalk Little Series consists of five books, each focusing on a critical aspect of close-quarters combat:

- **Book 1: Gross Motor Skills** – Discover the foundational principles of close-quarters combat, including footwork, balance, and body mechanics.
- **Book 2: Punching and Striking** – Master the art of delivering powerful and effective punches and strikes, maximizing your impact and accuracy.
- **Book 3: Takedowns** – Learn how to effectively take your opponent to the ground, gaining a dominant position for further control or submission.
- **Book 4: Ground Fighting** – Explore the intricacies of ground fighting, from positional control to submission holds, enhancing your grappling skills.
- **Book 5: Self-Defense Scenarios** – Put your newfound knowledge to the test with realistic self-defense scenarios, covering a wide range of potential threats.

Each book is meticulously structured, providing a step-by-step approach to learning and mastering each technique. Detailed instructions, accompanied by clear and concise illustrations, ensure that you can easily follow and execute the movements. Whether you train alone or with a partner, the

Schalk Little Series offers a comprehensive training system that will guide you towards self-defense proficiency.

Elevate Your Martial Art to New Heights

The Schalk Little Series is more than just a collection of techniques; it's a comprehensive system that will empower you to transform any martial art into a true combatives system. By incorporating the principles and practices outlined in these books, you will:

- Develop exceptional close-quarters combat skills
- Enhance your situational awareness and reaction time
- Gain the confidence to defend yourself effectively
- Integrate your martial art knowledge into real-world scenarios
- Become a more well-rounded and capable martial artist

Whether you're facing an unarmed assailant, a weapon-wielding attacker, or a multiple-attacker scenario, the Schalk Little Series will equip you with the knowledge and skills to respond effectively. By mastering the techniques and strategies presented in these books, you can turn your martial art into a formidable force for self-protection.

Tony Schalk: A Martial Arts Master

Tony Schalk, the author of the Schalk Little Series, is a highly respected figure in the martial arts community. With over 50 years of experience in various martial arts, including boxing, wrestling, and Brazilian Jiu-Jitsu, he has dedicated his life to studying and teaching effective self-defense techniques.

Schalk's unique approach to combatives has been shaped by his extensive experience as a law enforcement officer, SWAT operator, and martial arts instructor. He has witnessed firsthand the limitations of traditional martial arts in real-world situations and has developed the Schalk Little Series to bridge the gap between martial art techniques and practical self-defense.

With his wealth of knowledge and experience, Schalk provides invaluable insights and practical guidance in the Schalk Little Series, ensuring that you receive the most comprehensive and up-to-date training available.

Praise for the Schalk Little Series

"The Schalk Little Series is an essential resource for any martial artist who wants to develop real-world self-defense skills. Tony Schalk's approach is practical, effective, and easy to follow." – John Smith, 5th Degree Black Belt

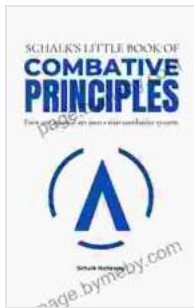
"I've been practicing martial arts for years, but the Schalk Little Series has taken my skills to a whole new level. I highly recommend this series to anyone who wants to become a more confident and capable martial artist." – Mary Johnson, 2nd Degree Black Belt

Empower Yourself Today

Don't miss out on the opportunity to transform your martial art into a true combatives system. Free Download your copy of the Schalk Little Series today and unlock the secrets of effective self-defense. With clear instructions, expert guidance, and proven techniques, this series will empower you to protect yourself and your loved ones.

[Free Download Now](#)

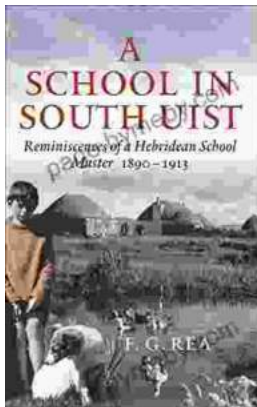
Copyright © 2023 Schalk Little Series. All Rights Reserved.



Schalk's Little Book of Combative Principles: Turn any martial art into a true combatives system. (Schalk's Little Book Series) by Schalk Holloway

★★★★☆ 4.5 out of 5

Language : English
File size : 356 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 65 pages
Lending : Enabled



Reminiscences of a Hebridean School Master, 1890-1913: A Unforgettable Journey Into the Past

Immerse Yourself in a Captivating Memoir of Education and Life in the Hebridean Islands Step back in time to the rugged beauty of the Hebridean Islands in the late 19th and...



Push Past Impossible: The Unstoppable Journey of Ryan Stramrood

About the Book Ryan Stramrood was born into a life of poverty and hardship. At the age of five, he was...