

# You Can Sit With Us: The Essential Guide to Making Friends and Feeling Included

**Are you struggling to make friends and feel included?**

You're not alone. Millions of people feel the same way. But there is hope.

**You Can Sit With Us** is the essential guide to making friends and feeling included. This book will teach you how to:



## You Can't Sit With Us: An Honest Look at Bullying from the Victim (Mean Girl Makeover Book 2)

by Sheila Sweeny Higginson

★★★★☆ 4.8 out of 5

Language : English  
File size : 1211 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 218 pages  
Screen Reader : Supported



- Overcome your fear of rejection
- Start conversations and keep them going
- Build relationships that last
- Find your place in any group

With practical advice and real-world examples, **You Can Sit With Us** will help you break out of your shell and make the friends you've always wanted.

**What people are saying about You Can Sit With Us:**



***“ "I've always been shy and introverted, so making friends has always been a challenge for me. But after reading You Can Sit With Us, I finally feel like I have the tools I need to succeed. This book is a lifesaver!" - Sarah, 22 ”***



***“ "I'm so grateful for this book. It's helped me to overcome my fear of rejection and start making real friends. I highly recommend it to anyone who wants to make more friends and feel more included." - Jessica, 30 ”***



***“ "You Can Sit With Us is a must-read for anyone who wants to improve their social skills. This book is full of practical advice and real-world examples that will help you make friends and feel included." - David, 40 ”***

**Free Download your copy of You Can Sit With Us today!**

You Can Sit With Us is available in paperback, ebook, and audiobook formats. Free Download your copy today and start making the friends

you've always wanted!

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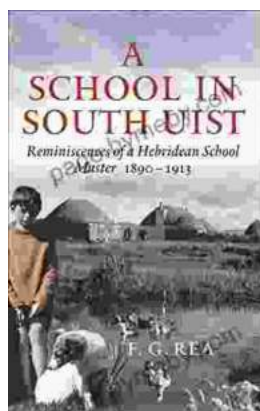
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